



Meadowood Manor, 577 St. Anne's Rd, Winnipeg, MB R2M 3G5
www.meadowood.ca

Friends of
MEADOWOOD
QUARTERLY NEWS
FALL 2017



Give Thanks in Everything

Psalms 106:1 Praise the LORD. GIVE thanks to the LORD, for He is good; His love endures forever.

Let our hearts sing praises of thanksgiving to our Lord for the wonderful summer season we enjoyed ... with beautiful sunshine, gentle rains and most of all, no mosquitoes. Now as we settle into the fall, let us continue to praise God for the beauty of His nature all around us.

It's not to say that everything is always perfect in our lives, but we can appreciate the small wonders of nature, even as we live in a decaying world, we know that God promises to be with us through all the seasons of our lives.

Our thankfulness as Christians comes from a deeper source - it comes from having a true faith inside us. We trust in the Lord to be with us, no matter what we may be going through in our lives. Many of us have lost loved ones, or may be experiencing health challenges, financial stress or family disagreements, none of these are pleasant and it's often hard to be thankful as we experience these dark times. But the Bible tells us that we must always continue to praise God for His blessing and give thanks, for He is good and His love endures forever.

James 1:2-4 Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything.



New Staff



Marsena Bissessar

This past summer we welcomed a new Support Services Manager to the management team, Marsena Bissessar joined us after Jason Mangelsen left to pursue another opportunity. Marsena brings a wealth of knowledge to this position having worked in the Food Services industry for over 18 years, 10 of which were spent solely in Residential Care. Marsena prides herself in doing the little things well and we know that with her experience she will be an asset to all the residents and staff at Meadowood Manor.

Flu Season is here...so stay healthy!

We urge you to use the hand sanitizers conveniently located throughout the building in the prevention of spreading germs. If you are sick with the flu please avoid visiting until you are feeling better. We want to keep our Residents safe from infections as well as our staff and visitors.



Chaplaincy Support
Dinner & Concert
Tickets \$25
 WEAVERLEY CHURCH –
 2171 WEAVERLEY ST. WINNIPEG
SATURDAY, OCTOBER 21, 2017, 6:00 PM
 TICKETS AVAILABLE UNTIL OCTOBER 15
 NET PROCEEDS FROM THIS EVENT WILL BE DESIGNATED TO SUPPORT THE MEADOWOOD MANOR CHAPLAINCY PROGRAM

Volunteers Needed
 to help us during weekday afternoons.
 Call **204-257-2394** to register now!



- October 24, 2017
Rowandale Baptist Church
- November 28 (December), 2017
Mission Baptist Church & Meadowood Manor Staff
- January 23, 2018
Abundant Life Baptist Church
- February 27, 2018
Rowandale Baptist Church
- March 27, 2018
Waverley Church
- April 24, 2018
Mission Baptist Church

Upcoming Events:

Bellissima Sera
"Beautiful Evening"
Saturday, February 10, 2018
De Luca's
Cooking Studio & Banquet Centre
950 Portage Avenue

Pastor's Point:

"Let all that I am praise the Lord; with my whole heart, I will praise His holy name. Let all that I am praise the Lord; may I never forget the good things He does for me. He forgives all my sins and heals all my diseases. He redeems me from death and crowns me with love and tender mercies. He fills my life with good things. My youth is renewed like the eagles!"
 Psalm 103:1-5 - New Living Translation

We all have so many things to praise God for. Psalm 103 is a good passage to read as we approach "Thanksgiving". We see in verses 1-5 of this Psalm that David names 3 wonderful blessings that we have and as we claim its amazing truth!
PRAYSE THE LORD!

- 1) **Forgiveness** (v.3, 10-14) – Jesus did that for us at the cross.
- 2) **Redemption** (v.4, 6-9) – Jesus frees us and makes us children of God!
- 3) **Satisfaction** (v.5, 15-18) – We as frail people receive spiritual renewal

Pray for us as we start up our Fall ministries and that we continue to provide a Sunday Morning music ministry. Thanks for allowing the Chaplaincy Ministry the privilege of sharing God's great truths with our residents, tenants, staff, families, volunteers, visitors and others!

Chaplain
 Dave and Darlene Holland



Independent Living Tower

Applications for our bachelor suites are available at our front desk or you can call **204-257-2394** to set an appointment to view a suite.

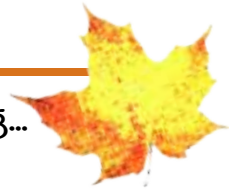


Meadowood Manor will be collecting items to go to Union Gospel Mission for the winter and Christmas season. They are in need of gently used blankets, new socks, mittens, scarves and hats. Toiletries can include: hand sanitizers, tissue paper, toothbrushes, soap, shampoo and conditioner....all items are greatly appreciated and can be dropped off at our front desk between **9am and 3pm Monday to Friday.**

Something to think about

When the righteous increase, the people rejoice, but when the wicked rule, the people groan. Proverbs 29:2

Sing a new Song... with Robyn



We are pleased to introduce Robyn Peters, a music therapy student, who has volunteered to use her 1000 hours of practicum time to work with our Residents. Using music therapy is a great way to connect and communicate with residents and can help them manage any stress and rekindle positive memories of days past. Research has shown that music therapy is an effective way to bring emotional and physical closeness, motivate movement, and relieve boredom.



Robyn Peters

Robyn is an accomplished musician herself and plays guitar, piano, and flute among others. She will be engaging our residents in singing, drumming, strumming and shaking various instruments while guiding them through a series of musical exercises that will certainly stimulate positive interactions.

Feedback

Contact:
info@meadowood.ca for comments and contributions to the newsletter.

