






Meadowood Manor Personal Care Home Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
february						
				1	2	3
				10:00 Morning Song 10:30 Unit Volleyball 11:00 Unit Exercise 2:00 Let's Make A Deal 3:30 Unit Sentimental Journey 6:30 Music Therapy 7:00 Unit Choir Group	10:00 Morning Song 10:30 **Entertainment: "Gordon Plant" 1:30 One to One Visits 2:00 Movie & Cream Soda: Hidden Figures 3:30 Beauty Hour	8:45 Breakfast Club 10:00 Balloon Badminton 10:30 Target Toss 11:00 Mental Aerobics 1:30 One to One Visits 1:30 Music Therapy 2:00 BINGO 3:30 Hand Massages
4	5	6	7	8	9	10
9:45 Worship Service & Communion 	10:00 Morning Song 10:30 Chair Aerobics 11:00 Concentration 11:30 Book Club: To Kill A Mockingbird 1:30 Angel Club: Folding 2:00 German Hymn Sing 3:00 Coffee House	10:00 Morning Song 10:30 Games w/ Hastings School 11:30 Get Fit/ Massage 2:00 Tales By Light Series 3:00 Arts & Crafts: Dream Catcher 3:00 Social Gathering	10:00 Morning Song 10:30 Pet Therapy 10:30 Exercise w/ Weights 11:00 Concentration 11:30 Book Club: To Kill A Mockingbird 2:00 BINGO 6:30 Music Therapy	10:00 Morning Song 10:30 Then & Now: Auto Mobiles 11:00 Get Fit/ Massage 11:30 Martin Luther King Jr: I Have a Dream 2:00 Inspiration for the Way 3:30 Unit Sentimental Journey 6:30 Music Therapy	8:45 Order In Breakfast: Salisbury House 10:00 Morning Song 10:30**Entertainment: " Sassy Cats" No Afternoon Programs	No Scheduled Programs 1:30 Music Therapy
11	12	13	14	15	16	17
9:45 Worship Service 	No Scheduled Programs	No Morning Programs 2:00 Resident Council Meeting 2:00 Let's Make A Deal 3:00 Arts & Crafts: Valentines Cards 4:30 Hand Massages 6:15 Rhythmic Fun	10:00 Morning Song 10:30 Valentines Day Entertainment: "Barley Mo Band" 12:00 Sweethearts Lunch *invitation only 2:00 DIY Chocolate Dipped Strawberries 3:30 Exploring Snoezelen 6:30 Music Therapy	10:00 Morning Song 10:30 Get Fit/ Massage 11:00 Then & Now: Baby Items 11:30 Rosa Parks: I Shall Not be Moved 2:00 Inspiration for the Way 3:30 Unit Sentimental Journey 6:30 Music Therapy	10:00 Morning Song 10:30 Exercise 11:00 Mental Aerobics 11:30 Book Club: To Kill A Mockingbird 1:30 One to One Visits 2:00 Catholic Mass 3:30 Beauty Hour	10:00 Balloon Badminton 10:30 Target Toss 11:00 Mental Aerobics 1:30 One to One Visits 1:30 Music Therapy 2:00 BINGO 3:30 Hand Massages
18	19	20	21	22	23	24
9:45 Worship Service 	No Scheduled Programs Louis Riel Day 	10:00 Morning Song 10:30 Bowling 11:30 Get Fit/ Massage 1:30 One to One Visits 2:00 Arts & Crafts: Freedom Quilt 3:00 Social Gathering 4:00 Unit Volleyball 4:30 Hand Massages 5:30 Gentlemen's Supper Club	10:00 Morning Song 10:30 Pet Therapy 10:30 Exercise w/ Weights 11:00 Concentration 11:30 Book Club: To Kill A Mockingbird 1:30 Hand Massages 2:00 BINGO 2:30 Good Old Days 3:30 Exploring Snoezelen 6:30 Music Therapy	10:00 Angel Club: Sandwiches for Siloam Mission 11:00 Then & Now: Television 11:30 Harriet Tubman: Freedom Train 1:30 One to One Visits 2:00 Inspiration for the Way 2:00 Let's Make a Deal 3:30 Unit Sentimental Journey 6:30 Music Therapy	10:00 Morning Song 10:30 Entertainment: "Andre Viallet" 10:30 Hasting School Students 1:30 One to One Visits 2:00 Movie & Cream Soda: Queen of Katwe 3:30 Beauty Hour 3:30 Unit Volleyball	10:00 Balloon Badminton 10:30 Target Toss 11:00 Mental Aerobics 1:30 One to One Visits 1:30 Music Therapy 2:00 BINGO 3:30 Hand Massages
25	26	27	28			
9:45 Worship Service 	10:00 Morning Song 10:30 Chair Aerobics 11:00 Concentration 11:30 Book Club: To Kill A Mockingbird 1:30 Angel Club: Folding 2:00 Card BINGO 3:00 Coffee House 6:45 Sing-a-Long w/ Kaleidoscope	10:00 Morning Song 10:30 Bowling 11:30 Exercise 1:30 One to One Visits 2:00 Birthday Party w/ Rowandale Baptist Church 3:00 Arts & Crafts: Mandala Art 3:00 Social Gathering 4:00 Unit Volleyball 4:30 Hand Massages 6:15 Rhythmic Fun	10:00 Morning Song 10:30 Pet Therapy 10:30 Get Fit/ Massage 11:00 Concentration 11:30 Nelson Mandela: Long Walk to Freedom 1:30 Hand Massages 2:00 BINGO 2:30 Good Old Days 3:30 Exploring Snoezelen 6:30 Music Therapy	